



**SOWGOOD FOUNDATION**  
**ANNUAL REPORT**  
**APRIL 22- MARCH 23**

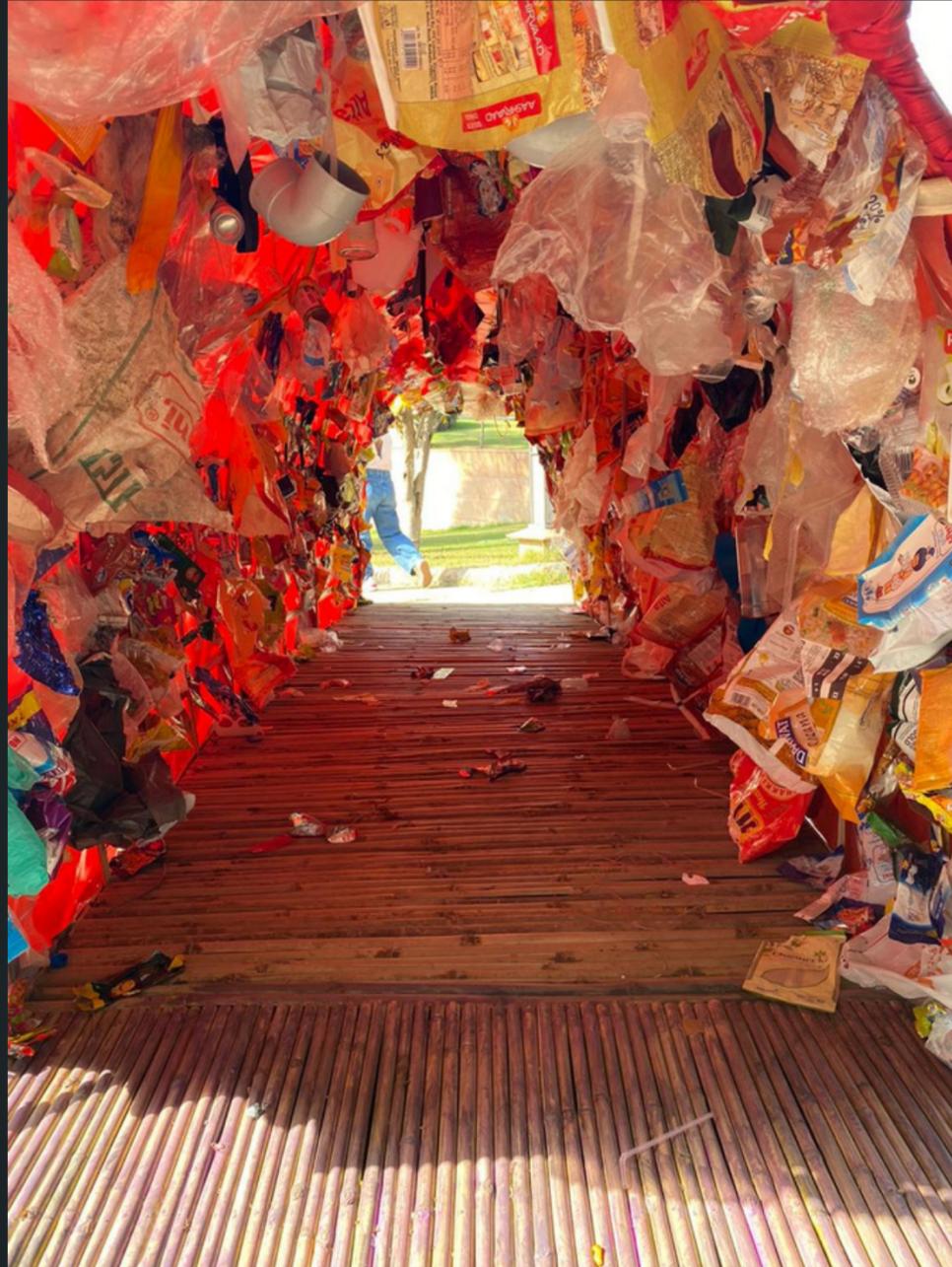


**THOUGHT**

COVID WAS FINALLY OVER!  
AND OUR CHILDREN COULD COME TO THE  
FARM AND EXPERIENCE NATURE.

# KEY OBJECTIVES FOR THE YEAR

- STRENGTHEN THE FARM-BASED CURRICULUM
- INTEGRATE THE PROGRAM INTO THE EXISTING CURRICULUM
- DEVELOP TRAINING MODULES TO CREATE A STRONG TEAM
- STREAMLINE NECESSARY ORG PROCESSES & STRUCTURES
- GOVERNMENT COLLABORATION
- NURTURE THE SOWGOOD COMMUNITY
- CURATE EXPERIENCES TO CONNECT MORE PEOPLE WITH NATURE



# A SUMMARY OF CONTENTS

- SowGood Schools
- Collaborations + Partnerships
- Learning Farm
- Events
- Finance

# SCHOOL UPDATE



- **NUMBER OF SCHOOLS:**
  - GOVT (MCD SCHOOLS) - 5
  - PRIVATE SCHOOLS - 6
  - DIRECT INTERVENTION WITH 1500 CHILDREN
  - THROUGH 36 CLASSROOMS/ WEEK
  - IN 11 SCHOOLS
- **DEVELOPED FARM AND COMPOSTING UNITS IN ALL 11 SCHOOLS**
- **CHILDREN EXPERIENCED WINTER AND SUMMER SOWING AND HARVESTING**
- **SOWGOOD PROGRAM IS INTEGRATED AS SCIENCE PROGRAM WITH 3 CAMBRIDGE SCHOOLS OF DELHI NCR**



**MCD SCHOOL, WAZIRPUR KOTLA**

- TOPICS SUCH AS SEASONALITY, SOIL, INSECTS, ESSENTIALS OF FARMING, SIMPLY CALCULATIONS, JOURNAL KEEPING WERE INTEGRATED WITH YEAR 1 CLASSROOMS
- WHEREAS SUSTAINABLE CELEBRATIONS WAS THE MAIN TOPIC WE WORKED ON WITH YEAR 2 CLASSROOMS
- DEVELOPED TYRE FARMS IN 2 MCD SCHOOLS USING END OF LIFE TYRES
- PRACTICES SUCH AS DAILY, MONTHLY AND QUARTERLY REPORTING HAVE BEEN IMPLEMENTED
- QUARTERLY PLANNING MEETINGS CONDUCTED WITH ALL GRADE TEACHERS



MCD SCHOOL, GHITORNI BOYS

# LEARNING FARM UPDATE





## SUMMER SOWING

Enrollments were open for both the seasons. Conducted additional workshops during the summer season.

## WINTER SOWING

Introduced the concept of community kitchen, Sanjha Chulha. Focus was also put on strengthening the community feel.



- FARM VISITS WERE ORGANISED FOR VARIOUS DELHI SCHOOLS
- CONDUCTED FEW GREEN BIRTHDAYS AS PILOT TO UNDERSTAND THE ACCEPTANCE LEVEL
- POTTERY EXPERIENCE WAS ADDED. CONDUCTED BY AMBAR AND MONICA
- CONDUCTED DRAGONFLY WORKSHOP AND TREE WALKS AS NATURE AWARENESS EXPERIENCES



# NEW COLLABORATIONS & PARTNERSHIPS



- SIGNED AN AGREEMENT WITH THE EDUCATION DEPARTMENT, MCD
- PARTNERSHIP WITH JK TYRES AS SUSTAINABILITY PARTNERS TO EXECUTE FARM PROGRAM IN 2 MCD SCHOOLS. AND TO CREATE TYRE-FARMS USING END OF LIFE TYRES
- PARTNERSHIP WITH DSM, TO DEVELOP NUTRITION GARDEN IN ONE MCD SCHOOL
- SRIRAM FOUNDATION HELPED CREATE FARMS IN 2 SCHOOLS



# EVENTS



# ROOTS

- ANNUAL ELEMENTAL GATHERING OF THE SOWGOOD SCHOOL COMMUNITY
- ON DECEMBER 17, 2022 WE INVITED ALL OUR SCHOOL TEACHERS, PRINCIPALS AND PARTNER ORGANISATIONS TO THE SOWGOOD FARM
- TO MINGLE IN A FREE-FLOWING EXCHANGE OF IDEAS TO CREATE MORE NATURE LEARNING SPACES FOR CHILDREN
- AND MOST IMPORTANTLY TO GET THE SOWGOOD FEEL AT THE SOWGOOD FARM



# SOWGOOD DAY

- COMMUNITY DAY. FOR THE COMMUNITY. BY THE COMMUNITY
- EVERY YEAR, ON (OR AROUND) FEBRUARY 9, THE ENTIRE SOWGOOD COMMUNITY COMES TOGETHER TO CELEBRATE, ENJOY AND FEAST TOGETHER
- IT'S A ZERO WASTE EVENT, WITH ZERO EXCHANGE OF MONEY



# IN MEDIA



Good Samaritan

## Fostering a green thumb

BY UTI ROY

THE mud squishes under your feet as you walk barefoot among the furrows, sprinkling seeds. Lush green vegetables beckon you to watch them grow. With the sun as your witness, you stand after a hard day's work wondering about the beauty you nurtured to life with your own hands. Since the younger generation has forgotten what it is to create green spaces, SowGood Foundation (SGF)—a not-for-profit based in Ghitori—has taken it upon themselves to educate them of nature's bounty. Founded by Pragati Chaswal in 2017, SGF takes the responsibility of connecting children with nature. Although the venture began as Chaswal's attempt to understand food and move toward a sustainable lifestyle, over time, this initiative took a turn, with her educating the urban young generation. "Most children don't know where their food comes from or how much time and effort it takes to grow them. This is why they disrespect food and waste it," says Chaswal.

**Not child's play**

Chaswal's foundation works with private and government schools for a period of three years to create a curriculum that allows children, of classes three to five, to create farms and waste-segregation units in schools. Gulmohar Park-based

Young children harvesting vegetables from the SowGood farm in Ghitori

Most children don't know where their food comes from or how much time and effort it takes to grow them. This is why they disrespect food. They've no idea that tomatoes take 3 months to grow.

PRAGATI CHASWAL, SowGood Foundation



18:36 54%

होम > दिल्ली > दिल्ली-एनसीआर

### Campaign : उम्मीद की मशाल- बच्चों को पढ़ाई के साथ प्रकृति से भी जोड़ रही हैं प्रगति चासवाल

अमर उजाला नेटवर्क, नई दिल्ली Published by: दुष्यंत शर्मा Updated Mon, 16 May 2022 04:19 AM IST

सार अ 13221 Followers दिल्ली ☆

प्रगति मिनी खेत के माध्यम से 25 हजार से अधिक बच्चों को दे चुकी हैं शिक्षा। दिल्ली के 15 सरकारी व निजी स्कूलों में अपने इस अभियान को बढ़ा रही हैं।

स्कूल के बच्चों के साथ प्रगति... - फोटो : अमर उजाला

Check एप में पढ़ें

अमर उजाला ई-पेपर सब्सक्राइब कर पाएं अपने शहर, देश और दुनिया की हर खबर

सब्सक्राइब करें

होम वीडियो अ फोटो ई-पेपर



## IMPACT & REACH

DESIGNED THE CURRICULUM  
INTO SMALLER MODULES  
TO REACH MORE CHILDREN.

DEVELOPED 10 FARM SCHOOLS  
IN DELHI NCR. AND 12 NATURE LEARNING  
EXPERIENCES

DIRECT REACH: 2000 INDIVIDUALS  
LOW TOUCH REACH: 8000 INDIVIDUALS

SOWGOOD ECO-ENABLER COHORT: 8  
INDIVIDUALS WERE TRAINED

PARTNERSHIP WITH MCD EDUCATION  
DEPARTMENTS



**FINANCE  
REPORT**

# CONNECT WITH US

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FOLLOW OUR WORK

@SOWGOODFARMING ON  
FACEBOOK & INSTAGRAM



**THANK YOU**